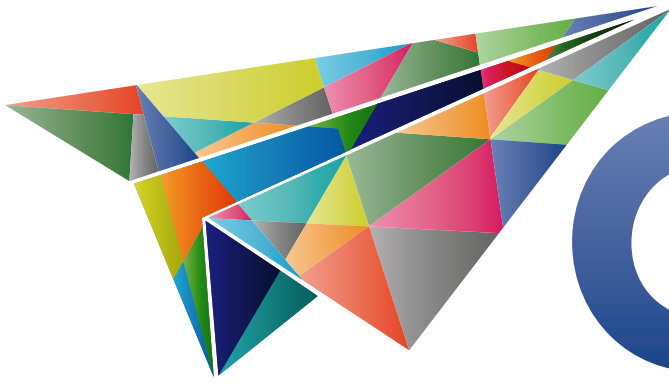




# COpilot

Colorado Professional Institute for Learning Online Together

COLORADO  
EDUCATION  
ASSOCIATION  
est. 1875



# [www.ceacopilot.org](http://www.ceacopilot.org)

## Fall 2026 Courses

*Enrollment opens  
July 13!*

# A bit about COpilot

Colorado teachers and education support professionals are deeply committed to every student's success. We want all students to achieve their full potential as individuals and become productive citizens who make positive contributions to society.

We believe that educators provide the stable, nurturing, inspiring environment that makes it possible to teach each student and provide individual attention to each student's learning needs. To this end, we work to ensure that every student has a qualified, caring educator.

We believe that we must change the way educators are recruited, trained, evaluated, supported, and held accountable. We believe we must raise the bar for what it means to be a quality educator by focusing on preparing new educators for the classroom, attracting and retaining educators, providing continuous, high quality professional development for all educators, and promoting effective teachers and quality educators.

We believe that COpilot is one key to achieving these core areas of professional excellence. Through expanding your learning opportunities, you will ensure that all students in Colorado public schools have the benefit of qualified, caring, committed educators throughout their school years.

***For more information or if you have questions, please contact us at [ceacopilot@coloradoea.org](mailto:ceacopilot@coloradoea.org)!***

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## Frequently Asked Questions (FAQs):

### ***How do I sign up for a COpilot account?***

To create a COpilot account, visit [www.ceacopilot.org](http://www.ceacopilot.org), click Log In and either verify your Association membership or create a guest account. This easy process doesn't take more than 30 seconds!

### ***How much time does a class take?***

Most COpilot classes are 15 instructional hours spread over five or six weeks. Students should expect to spend about three hours per week doing class activities.

### ***Can I earn credit, clock hours, and a certificate?***

The answer is a resounding "Yes!" Nearly all of the classes on COpilot qualify for graduate credit from Adams State University. All of the classes are eligible for license renewal hours through the Colorado Department of Education. At the conclusion of each class, you will receive a certificate of completion for your records.

### ***Can I get the syllabus for the class before making a decision?***

Absolutely! Just email the Director of Learning Services, Casey Kilpatrick ([ckilpatrick@coloradoea.org](mailto:ckilpatrick@coloradoea.org)), for that information.

### ***Can my district use COpilot for its professional development?***

CEA has worked hard to make sure districts in partnership with the local association can use COpilot to run all of their professional development. We do not charge districts to use the platform. Instead, our requirement is that the district and local association reach an agreement that dictates the school district will pay members who facilitate the classes a fair stipend. For more information about this kind of opportunity, please contact Casey Kilpatrick at CEA ([ckilpatrick@coloradoea.org](mailto:ckilpatrick@coloradoea.org)).

### ***How are classes structured?***

All of our classes are fully facilitated, which means you'll have a trained CEA member leading you and teachers from across Colorado through the content. Our classes are time-bound so that the facilitation makes sense. Through using this mostly synchronous method, teachers can more easily collaborate with each other, share experiences, and receive coaching as they practice strategies in their classrooms.

# Fall 2026 Class List



## **We Belong: Building a Culture of Connection**

This 5-week book study invites educators to explore Laurie Barron and Patti Kinney's *We Belong: 50 Strategies to Create Community and Revolutionize Classroom Management*. Participants will learn how to cultivate authentic connections, strengthen relationships, and create safe, inclusive environments where all students feel seen, valued, and supported. Each week blends reflection, discussion, and actionable strategies to help teachers transform classroom culture and elevate engagement, trust, and consistency. By the end, participants will design a personalized implementation plan to sustain belonging throughout the year.

*Course dates: August 3 - September 6*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*  
*Facilitator: Stacie Albi (District Twelve Educators' Association)*

## **Unlocking Learning: Designing Educational Escape Room Experiences**

In this course, educators will learn how to create captivating and immersive escape room-like activities for students. Through a blend of theory and practical application, participants will explore the principles of game-based learning, puzzle design, and narrative development to craft educational escape room experiences tailored to their curriculum and student needs. From brainstorming themes to designing clues and puzzles, educators will acquire the skills and strategies necessary to engage students in collaborative problem-solving, critical thinking, and content mastery.

*Course dates: August 3 - August 30*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*  
*Facilitator: Caroline Davis (District Twelve Educators' Association)*



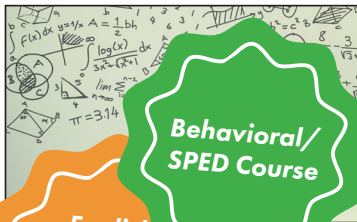
English  
Learner  
PD Course

## **Sketchnoting: Enhancing Learning Through Visual Notetaking**

Visual notetaking or sketchnotes is a valuable skill to move your students into 21st century learning. Sketchnoting was created by artist Mike Rhode. He was unable to concentrate while at meetings and in class so he came up with a form of purposeful doodling. Sketchnotes don't require artistic skills, they develop skills to visually synthesize and summarize via shapes, connectors, and text. Sketchnotes are as much a method of note taking as they are a form of creative expression. You will be able to differentiate your instruction and find a valuable new way to assess your students with visual notes.

*Course dates: August 3 - September 6; September 14 - October 18*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*  
*Facilitator: Colleen Dowling (District Twelve Educators' Association)*



Behavioral/  
SPED Course

English  
Learner  
PD Course

## **Elementary MATH Intervention - Research Based Strategies for Supporting Learners who Struggle**

Utilizing high leverage instructional practice to support our elementary students in becoming proficient mathematicians is critical to stop the widening achievement gap. In this class, we will focus on six action oriented, research based recommendations from the IES (Institute of Education Sciences, March 2021) We'll learn specific ways to effectively implement them in our practice to support struggling learners. The research is based on students in Kindergarten through 6th grade in an intervention setting. While the focus of this class is on instructional strategies for math intervention, the guidance outlined are great practices for all instructional settings. This class will include unique considerations for diverse populations of students who struggle with math concepts, including students with disabilities and multilingual learners.

*Course dates: August 3 - September 13*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*  
*Facilitator: Erin Grodeska (Aurora Education Association)*



## High Leverage Practices for Students with Disabilities

In this course, explore 22 high-leverage practices developed and published by the Council for Exceptional Children (CEC), in partnership with the Collaboration for Effective Educator Development, Accountability and Reform (CEEDAR). These HLP's are intended to address the most critical practices that every K-12 educator should utilize. The selected practices are used frequently in classrooms and have been shown to improve student outcomes if successfully implemented. Participants will have an opportunity to understand the practices, dig into the research and rationale, and see videos of teachers in action modeling the components of these research based practices.

*Course dates: August 3 - September 13*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Erin Grodeska (Aurora Education Association)*



## AI-Powered Lesson Planning: Harnessing Technology for Effective Teaching

In this course, educators will engage in online learning to deepen their understanding of integrating AI tools into effective unit and lesson planning. Participants will explore various AI platforms, including ChatGPT, Copilot, Teach Aid, and other resource creation tools, applying their features to develop comprehensive lesson plans and assessments. By the end of the course, each educator will produce a complete unit and lesson plan ready for classroom implementation.

*Course dates: August 3 - September 13*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Lindsay Johnson (Eagle County Education Association)*



## Ask Powerful Questions: Create Conversations That Matter

By changing the way we ask questions, we can transform conversations in a way that will allow us to truly see, hear, and understand where those around us are coming from. The book "Ask Powerful Questions: Create Conversations that Matter" will help you to lay the foundation for trust, psychological safety, productivity, impact, and a culture of connection.

*Course dates: August 3 - September 13; October 26 - December 6*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Catherine Lee (District Twelve Educators' Association)*



## Take Time for You: Self-Care Action Plans for Educators

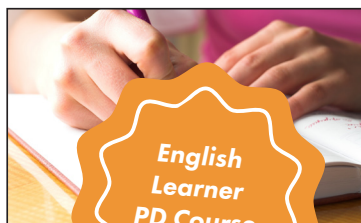
As educators, we tend to put ourselves last. It is important to make ourselves a priority so that we can lead a healthier and happier life. It will allow us to then be the best versions of ourselves in and outside of the classroom. In the book "Take Time for You: Self Care Action Plan for Educators", you will create a plan each week to make sure you are taking care of yourself by meeting each of the six levels of Maslow's hierarchy of needs. These needs are as follows: (1) physiological, (2) safety, (3) belonging, (4) esteem, (5) self-actualization, and (6) transcendence.

*Course dates: August 3 - September 13; September 14 - October 25*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits from ASU*

*Facilitator: Catherine Lee (District Twelve Educators' Association)*

**All class dates are subject to change based on facilitator availability. All classes are subject to cancellation if fewer than five students enroll by the official class start date.**



## The Writing Revolution: Creating Proficient Writers, Readers, and Critical Thinkers

Teachers will read the text *The Writing Revolution 2.0* by Judith C. Hochman and Natalie Wexler and learn about the evidence-based Hochman Method of writing. Participants will develop strategies and activities to incorporate into any curriculum, grade level, and content instruction to strengthen students' expository writing. Throughout the course, participants will learn how to build students' writing skills at the sentence level, and the paragraph level, develop note-taking strategies, and help students revise and summarize. For the final assignment, teachers will analyze students' writing work and create a lesson unit plan using the Writing Revolution strategies to meet student needs.

*Course dates: August 3 - September 27; October 5 - November 29*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Katie Main (Denver Classroom Teachers' Association)*

## Let's Talk Math! Math Routines that Foster Reasoning, Thinking, and Student Talk

In this course, teachers will explore several different math routines that get students talking about math in a fun and non-intimidating way. These routines can be easily built into an already existing lesson plan because they only take 5-10 minutes. Help build consistency in your math classroom so students are using math reasoning skills and critical thinking without even realizing they're doing math! Participants will also connect math routines to the Standards for Mathematical Practices (SMP).

*Course dates: August 3 - September 6*

*Cost: \$45 (member) or \$145 (non-member) | Available for 1 graduate credit through ASU*

*Facilitator: Lindsey Mater (Poudre Education Association)*



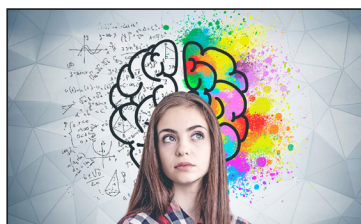
## Mindfulness for Educators

This program is a holistic training for educators and members of the learning community. The sessions and materials help deliver yoga and mindfulness essentials to beginners and experienced practitioners. While participants are always welcome to delve deeper into any of the areas we cover, we aim to deliver a sampling of different styles of yoga and meditation so that students can experience some of the options available to them while creating a long relationship with yoga, meditation, self-care and mindfulness.

*Course dates: August 3 - September 13; August 31 - October 11*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Jan Pratt (Colorado Education Association - Retired)*



## Mental Health for Our Students: The Top 5 Struggles Our Students Face Today

Students today are facing such a different set of struggles than we did when we were in school. This course focuses and introduces the five major topics that kids deal with today including (but not limited to) bullying, mental health, suicide, stress, and inequity. In this class we will work to understand and find a set of tools to help our students navigate through this new age with support from us. No books needed, all materials are included.

*Course dates: August 3 - September 6*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Elizabeth Sedalnick (District Twelve Educators' Association)*

**All class dates are subject to change based on facilitator availability. All classes are subject to cancellation if fewer than five students enroll by the official class start date.**



## Podcasts for Educators

In this course, teachers will actively participate in online learning to explore podcasts as they relate to our world of education. This 4-week course is designed for educators who want to explore the world of podcasts and how the information presented can be used to enhance their teaching and engage students. Each week, participants will listen to a selection of podcasts and engage in discussions with their peers about the content. Participants will also develop their critical thinking skills and discuss how to incorporate podcasts into their teaching practice.

*Course dates: August 9 - September 6*

*Cost: \$45 (member) or \$145 (non-member) | Available for 1 graduate credit through ASU*

*Facilitator: Leigh Ann Eucker (Poudre Education Association)*



## The ELL Toolbox

This 8-week course is based on the book *The ELL Teacher's Toolbox 2.0*. The course will provide participants with practical strategies to help multilingual learners develop their listening, speaking, reading, and writing skills. Participants will explore engaging activities that are easy to implement and require little to no prep time. Through reflection, application activities, lesson design, educators will build a practical toolbox of strategies they can use immediately to improve outcomes for multilingual learners.

*Course dates: August 10 - October 4*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Larisa Baskin (Aurora Education Association)*



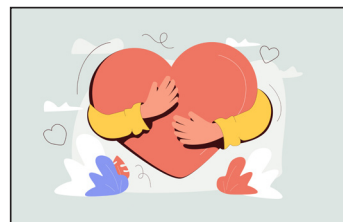
## A World of Numbers: Decoding Dyscalculia

One in 20 students struggle with Dyscalculia, which affects the ability to calculate numbers, yet it is rarely addressed in K-12 settings. This course is designed to meet Colorado SPED and Behavioral Health licensure standards, teaching you how to identify symptoms and build an inclusive classroom that supports Dyscalculic learners. This course is appropriate for K-12 math teachers and any educational professional who supports math learners.

*Course dates: August 10 - September 27*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Riana Bichler (Mesa Valley Education Association)*



## Educator Bandwidth: How to Reclaim Your Energy, Passion, and Time

In this book study, educators will focus on the latest neuroscience research as it pertains to the most effective strategies and habits that help you manage your mental bandwidth and prioritize drains on mental energy. Educators will focus on six key factors that contribute to their bandwidth: balancing their priorities, filtering through possibilities, mental habits that improve focus, physical habits that fuel the brain, connection with others and workload and time management. By establishing good habits, focusing on what's possible within your locus of control, and balancing priorities, educators can improve their bandwidth and feel more engaged, centered, and become more effective in their work.

*Course dates: August 10 - September 6*

*Cost: \$45 (member) or \$145 (non-member) | Available for 1 graduate credit through ASU*

*Facilitator: Stephanie Fast (Littleton Education Association)*

**All class dates are subject to change based on facilitator availability. All classes are subject to cancellation if fewer than five students enroll by the official class start date.**

## Building Reading Skills for Older Students (4th-12th) Who Struggle: Strategies for Supporting Intervention, Special Education, and Multilingual Learners

In this class we will focus on 4 action oriented research based recommendations from the IES (Institute of Education Sciences, March 2022). We'll learn specific ways to effectively use them in our practice to support struggling readers. The research is based on students in 4th-9th graders, but strategies are appropriate for high school teachers as well. This class will include considerations for diverse populations of students who struggle with reading, including students with disabilities and multilingual learners.

*Course dates: August 10 - September 20*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Erin Grodeska (Aurora Education Association)*

## Coddling of the American Mind: Creating Anti-Fragile Students

In this thought-provoking book study, educators will explore *The Coddling of the American Mind* by Greg Lukianoff and Jonathan Haidt. This book examines how well-intentioned cultural shifts—such as an emphasis on emotional safety and the avoidance of discomfort—may be unintentionally harming students' resilience, critical thinking, and mental well-being. This book study is ideal for teachers, administrators, and educational professionals who are interested in fostering resilience, critical thinking, and healthy discourse in their students.

*Course dates: August 10 - September 20*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Katie Guerrero (Cherry Creek Education Association)*

## Enhancing School Safety Through "The Gift of Fear"

In a world where ensuring the safety and well-being of students and staff in educational institutions is of greatest importance, this course utilizes the insights and principles from Gavin de Becker's book, *"The Gift of Fear."* Participants will be better equipped to create a safer, more secure, and more nurturing school environment, helping to ensure that students and staff can focus on learning and personal growth with confidence and peace of mind. The course is designed to assist educators, administrators, security and school personnel with a comprehensive understanding of the psychology of personal safety.

*Course dates: August 10 - October 4*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Katie Guerrero (Cherry Creek Education Association)*

## Foundations of Special Education and Behavioral Health

This course has been designed to create a foundation for all to meet the CDE licensure renewal requirement for Behavioral Health. It is focused on learning about culturally responsive, trauma- and evidence-informed practices, and increasing awareness of laws and practices related to Special Education. The course will focus on 3 main elements: Academics and Behavior with a Trauma and Equity Lens, Special Education Law, and Behavior, Special and General Education Collaboration.

*Course dates: August 16 - September 19; November 1 - December 6*

*Cost: \$45 (member) or \$145 (non-member) | Available for 1 graduate credit through ASU*

*Facilitator: Amy Deschamp (Mesa Valley Education Association)*

**All class dates are subject to change based on facilitator availability. All classes are subject to cancellation if fewer than five students enroll by the official class start date.**



Behavioral/  
SPED Course



English  
Learner  
PD Course





### **Google ABCs: Classroom, Forms, Sites**

This course provides educators with an opportunity to develop and/or strengthen their foundational understanding of Google Classroom, Google Forms, and Google Sites. Through online learning, participants will build practical skills to create, organize, distribute, and manage digital learning experiences while enhancing communication and collaboration with students, families, and colleagues. Educators will learn to effectively use Google Classroom to create, distribute, and assess assignments and formative assessments, as well as integrate curriculum resources and tools such as the “Share to Classroom” Chrome extension. Participants will also explore how to design and implement Google Forms for formative assessment, surveys, and data collection, with an emphasis on seamless integration within Google Classroom. In addition, educators will develop skills to plan, design, and maintain Google Sites as a centralized platform for sharing classroom information and resources. Emphasis will be placed on creating engaging, organized, and accessible digital spaces to support communication and learning.

*Course dates: August 17 - September 27*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Elissa Brost (Colorado Springs Education Association)*



### **Google ABCs: Docs, Sheets, Slides**

This course provides educators with an opportunity to develop and/or strengthen their foundational understanding of Google Workspace tools, including Google Docs, Google Slides, and Google Sheets. Through online learning, participants will build practical skills to create, organize, distribute, and collaborate with colleagues and students across these platforms. Educators will learn to effectively use essential features of each tool for both professional productivity and classroom instruction. Emphasis will be placed on creating dynamic documents, designing engaging and customized presentations beyond standard templates, and utilizing spreadsheets for organization and data-driven tasks. Participants will also explore how these tools can be implemented within Google Classroom as part of a workshop model to support student learning, collaboration, and engagement.

*Course dates: August 17 - September 27*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Elissa Brost (Colorado Springs Education Association)*



### **Google ABCs: Drive, Keep, Vids**

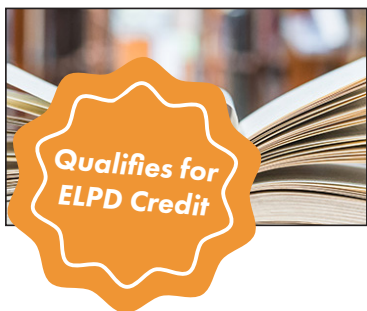
This course provides educators with foundational knowledge and skills in the use of Google Drive, Google Keep, and Google Vids, with an emphasis on organization and effective digital workflow practices. Through online learning, participants will develop the ability to efficiently manage, store, and share digital resources using Google Drive, apply organizational and productivity strategies through Google Keep, and create basic instructional and communication videos using Google Vids. Emphasis will be placed on implementing best practices for digital organization, enhancing professional efficiency, and supporting instructional effectiveness. This course is designed for educators seeking to establish or strengthen foundational skills in managing and utilizing digital tools within an educational setting.

*Course dates: August 17 - September 27*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Elissa Brost (Colorado Springs Education Association)*

**All class dates are subject to change based on facilitator availability. All classes are subject to cancellation if fewer than five students enroll by the official class start date.**



## **The Book Whisperer: Awakening the Inner Reader in Every Child**

This course will be a book study of Donalyn Miller's book *The Book Whisperer: Awakening the Inner Reader in Every Child*. Participants will discuss and make plans of implementation to engage a classroom of readers. Participants will also walk away with easily-applicable resources to use and/ or modify in their classroom.

*Course dates: August 17 - September 13*

*Cost: \$45 (member) or \$145 (non-member) | Available for 1 graduate credit through ASU*

*Facilitator: Elissa Brost (Colorado Springs Education Association)*



## **The Gamified Classroom: Building Student Economies That Work**

Transform your classroom management and financial literacy instruction. In this 4-week course, educators will critically analyze three leading, free online classroom economy programs: ClassBank, Banzai!, and My Classroom Economy. Moving from theory to practice, participants will evaluate the pros and cons of each platform, draft a comprehensive rollout blueprint, and build a fully functional digital economy complete with a customized student/family launch video.

*Course dates: August 17 - September 13*

*Cost: \$45 (member) or \$145 (non-member) | Available for 1 graduate credit through ASU*

*Facilitator: Elissa Brost (Colorado Springs Education Association)*



## **Recognizing and Coping with Sensory Processing Differences in the Classroom**

Teachers will actively participate in online learning to further develop their understanding of sensory processing disorders in the classroom. We will be exploring the eight senses (touch, smell, taste, hearing, vision, vestibular, proprioception, and interoception) and how to recognize when a student is having difficulty tuning in or filtering out information in the school environment. We will also learn how to help these students in the classroom with simple accommodations and strategies.

*Course dates: August 17 - September 14; September 14 - October 19*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Jenny Frank (Cherry Creek Education Association)*



## **Brain Development & the Impact of Trauma**

Course participants will actively participate online to learn about typical brain development. Through the coursework, participants will then begin to learn about trauma and the impact it has on brain development with a specific focus on learning. Connections to the classroom will also be offered to help participants reflect on their practice and think of how they can implement trauma-informed practices within their work environment for student success.

*Course dates: August 17 - September 27*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Heather Jung (Denver Classroom Teachers' Association)*



## **An Educator's Guide to Powerful Conversations: Skills from Supercommunicators**

How do your communication habits shape your classroom? This course invites you to take a closer look at the powerful ways communication influences student relationships, participation, and classroom culture. Using insights from *Supercommunicators* by Pulitzer Prize-winning journalist and bestselling author Charles Duhigg, you'll examine how conversations work, why misunderstandings happen, and how small shifts in language and listening can make a meaningful difference for you and your students. Designed for all educators, this flexible course blends reflection with practical application, helping you refine and elevate your communication skills in the classroom and beyond.

*Course dates: August 17 - September 25*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Marie McGowan (Mesa Valley Education Association)*



## Building Balance: Creating Routines & Exploring Sustainable Systems for Educators

In this 8-week course, educators will explore and spend time creating sustainable routines and systems that support both their personal well-being and professional responsibilities. Through weekly planning, reflection, and resource exploration, participants will develop practical strategies for managing time, energy, and workload in a way that promotes balance and long-term sustainability. Throughout the course, participants will create and refine weekly plans, establish routines, and design systems that align with their roles as educators. They will also engage with articles and podcasts, reflect on their experiences, and connect their learning to real-life applications in both school and home settings.

*Course dates: August 17 - October 11*

*Cost: \$135(member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Brittany Osborn (Poudre Education Association)*



## Canva in the Classroom

Teachers will participate in online learning to explore how to use Canva for Education, a powerful graphic design and interactive collaborative platform, to enhance your classroom teaching and planning. Participants will first explore what Canva offers, how it works and then learn how to create visually appealing classroom materials, such as posters, fliers, handouts, and presentations. We will explore how to establish a classroom to keep your students' participation and collaboration in one place as well as integrating it into your current LMS.

*Course dates: August 17 - October 11*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Brittany Osborn (Poudre Education Association)*



## Neurodiversity in the Classroom

In this 8-week course, educators will explore neurodiversity and inclusive classroom practices through professional learning, reflection, and authentic classroom application. Participants will engage with a variety of articles, podcasts, videos, and optional professional texts to deepen their understanding of neurodiverse learners and evidence-based instructional practices.

Educators will investigate topics such as executive functioning, sensory-friendly learning environments, strength-based teaching, inclusive instruction, assessment, collaboration, and advocacy. Participants will choose between two personalized learning pathways: building a practical Neurodiversity Toolkit or following a Learner's Journey by applying each week's concepts to a real or fictional student case study.

*Course dates: August 17 - October 11*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Brittany Osborn (Poudre Education Association)*



## Cultivating Classroom Conversations: Strategies for Meaningful Student Talk

Do you have a goal of shifting the balance from teacher talk time in class to student talk time? Are you curious about strategies you can "use now" in your classroom to get your students talking? Are you wanting to increase student-led discussions to allow students to be owners of the learning? This class will take you all the way from how to create a positive classroom culture, where student talk is welcome, all the way to the ultimate in student-led discussion: the Socratic seminar. Join me to pick up some practical strategies and skills that will make your teaching transform from "my class" to "our class."

*Course dates: August 17 - September 27*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Cindy Shapiro (Jefferson County Education Association)*



## Cultures of Thinking in Action: Bringing the 10 Mindsets to Life

In this action-oriented book study, teachers will explore *Cultures of Thinking in Action* by Ron Ritchhart to discover how classroom culture shapes student learning and engagement. Each week, participants will read a chapter, implement a featured strategy in their own classrooms, and reflect on its impact. Through this cycle of reading, practice, and reflection, teachers will gain practical insights into how to cultivate a culture where thinking is valued, visible, and actively developed. By the end of the course, participants will have both a deeper understanding of the principles behind Cultures of Thinking and a set of classroom-tested practices that bring those principles to life.

*Course dates: August 17 - September 27*

*Cost: \$135(member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Cynthia Shapiro (Jefferson County Education Association)*



## Personal Financial Literacy for Colorado Educators: Making the Most of Your PERA Pension, Employer Benefits, and Investments

Being an educator is a very difficult job. It's even more difficult if you're worried about your personal financial situation. Many educators are confused and/or intimidated by finances, and "don't know what they don't know". This stress can't help but impact their job performance. So this class is designed to not only make a difference in your personal lives, but if it can help you relieve that stress, it will make you even better educators and do an even better job of meeting the needs of our students in these challenging times. This class will also help prepare you to better teach the Colorado Academic Standards for K-12 Personal Financial Literacy (PFL).

*Course dates: August 23 - October 10; August 31 - October 17; October 9 - November 29*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitators: Courtney Petros (Littleton Education Association), Karl Fisch (CEA Retired); Robert Smith (Denver Classroom Teachers' Association)*



## AI Empowered Learning: Elevating Student thinking through Artificial Intelligence

This course is designed for educators who want to effectively integrate Artificial Intelligence into their classrooms to enhance student learning and engagement. As educators, we can teach students how to prompt AI in a way that develops their understanding of any topic. In these lessons, the teacher becomes a coach in the classroom who is helping students to navigate the world of AI learning and making sure topics are fully explained in a way that students understand. Built on the belief that AI is an essential skill for both educators and students, the course explores how AI can foster more student-centered, inquiry-driven learning environments. Teachers will develop practical strategies for helping students use AI responsibly to ask better questions, deepen their understanding of content, and become more independent learners.

*Course dates: August 23 - October 10*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitators: Robert Smith (Denver Classroom Teachers' Association)*

**All class dates are subject to change based on facilitator availability. All classes are subject to cancellation if fewer than five students enroll by the official class start date.**



## Math-ish: Finding Creativity, Diversity, and Meaning in Mathematics

This course invites educators to explore innovative, research-based approaches to mathematics instruction through a study of Math-ish by Jo Boaler. Participants will examine how traditional views of math—focused on speed, right answers, and rigid procedures—can limit student understanding and will instead learn how to foster flexible thinking, creativity, and deep conceptual understanding in their classrooms. This course is ideal for elementary and middle school educators seeking to strengthen number sense instruction, increase student engagement, and create a classroom culture where all students see themselves as capable mathematicians.

*Course dates: August 23 - October 10; August 31 - October 17; October 9 - November 29*  
*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*  
*Facilitators: Hannah Dorge (Littleton Education Association)*

## Hidden Potential: Cultivating Growth and Resilience in Every Learner

This professional learning course invites educators to explore Hidden Potential: The Science of Achieving Greater Things by Adam Grant, a transformative look at how growth, character, and persistence—not innate talent—drive true success. Through engaging discussions and reflective activities, participants will examine how Grant's research-based insights can inform classroom practices, student motivation, and equitable learning environments. Educators will analyze how to cultivate resilience, foster a culture of continuous improvement, and help all learners—especially those who may not shine immediately—discover and develop their hidden potential. The course will also challenge participants to reflect on their own professional growth and instructional mindsets, promoting a shift from focusing on performance to valuing progress and perseverance.

*Course dates: August 24 - October 18*  
*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*  
*Facilitator: Katie Guerrero (Cherry Creek Education Association)*

## Bridging Language and Learning for CLD Student Populations

This 9-week professional development course fulfills the CLDE PD requirement for license renewal and equips educators with the knowledge and tools to support Culturally and Linguistically Diverse (CLD) student populations. Participants will explore theories of language acquisition while learning to implement research-based strategies, create progress monitoring tools, and assessments. Participants will engage in discussions, reflect on their instructional practices, and adapt strategies and activities to better support CLD students.

*Course dates: August 31 - October 26*  
*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*  
*Facilitator: Anna Bishop (Center Education Association)*

## Developing Academic Vocabulary in the Diverse Classroom

Explore basic principles for developing academic vocabulary in your classroom. With a lens on supporting diverse learners, this course will cover a variety of topics that enhance a student's academic vocabulary acquisition. This includes considering a student's socio-cultural influences, their individual learning styles, and prior vocabulary knowledge. Are students understanding the academic vocabulary that we are teaching them? What are some tools used to effectively review and support academic vocabulary instruction? Explore these questions in this class as we foster academic vocabulary acquisition for all students.

*Course dates: August 31 - October 4*  
*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*  
*Facilitator: Caroline Davis (District Twelve Educators' Association)*



**Behavioral/  
SPED Course**

**English  
Learner  
PD Course**



**English  
Learner  
PD Course**



**English  
Learner  
PD Course**



## Using Yoga in the Classroom

Participants will explore ways to bring yoga into the classroom to help students learn to combine breath and movement in a school setting. Yoga provides a great opportunity to learn brain breaks that are movement based while also incorporating balance, breath, coordination and self awareness.

*Course dates: August 31 - October 18*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Jan Pratt (Colorado Education Association - Retired)*



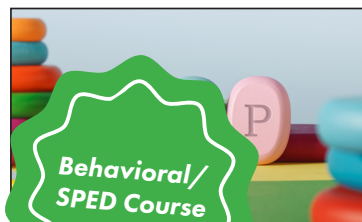
## AI in Special Education to Support Students with Disabilities

Discover how artificial intelligence can transform your teaching practice and support every learner. This 8-week course explores AI tools for IEP writing, progress monitoring, accessibility, differentiation, and student self-advocacy. Through hands-on practice, podcasts, ethical discussions, and practical projects, you'll leave with classroom-ready strategies and tools you can use immediately. Designed for both special education and general education teachers.

*Course dates: August 31 - October 25*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Cammaron Sanders (Greeley Education Association)*



## Special Education & You! Your Part in the IEP Process

Explore the intricate world of special education and empower yourself as an advocate in the Individualized Education Plan (IEP) process. In this course, teachers will discover the foundations of special education, legal frameworks, and diverse learning needs. Gain essential skills to actively engage in IEP meetings, fostering collaboration between educators, parents, and professionals. Navigate the complexities of identifying and addressing unique student requirements, ensuring inclusive and effective educational experiences. Gain a deep understanding of IEP documentation, goals, and strategies, enhancing your ability to champion the rights and success of students with diverse abilities.

*Course dates: August 31 - October 25*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Cammaron Sanders (Greeley Education Association)*



## The Basics of Speaking Spanish

Many of our students and their families speak Spanish at home. When having meetings with these families, it is often nice to know that basics of introductions, and how to construct basic sentences using nouns specific to the classroom and the students' performance. This class is geared toward teaching those basics, as well as an introduction to some of the tools offered to help communication with this population of families. The primary outcome of this class is to have our Spanish speaking families feel more welcome and their voices heard with an open line of communication from their teachers.

*Course dates: August 31 - October 17; September 20 - November 7*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Bob Smith (Denver Classroom Teachers' Association)*



## Smart But Scattered: Executive Functioning for Every Student

Unlock the secrets of executive skills in this course designed for educators while diving deep into the eleven key components of executive functioning, including planning, organization, time management, emotional regulation, and cognitive flexibility. You will gain a comprehensive understanding of these essential skills and their practical application in educational settings. Additionally, learners will discover effective strategies for identifying strengths and weaknesses in executive functioning and learn how to implement evidence-based interventions tailored to diverse student needs.

*Course dates: September 6 - November 1; October 4 - November 9*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits from ASU*

*Facilitator: Julie Arnold (Johnstown-Milliken Education Association)*



## **ADHD Is Awesome: A Guide to (Mostly) Thriving with ADHD**

Why is ADHD Awesome? Find out in this book study, where teachers will actively participate in online learning to further develop their understanding of the lived experience of ADHD and reflect upon creative ways to empower and support their students with ADHD.

*Course dates: September 6 - October 25; October 26 - December 13*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Riana Bichler (Mesa Valley Education Association)*



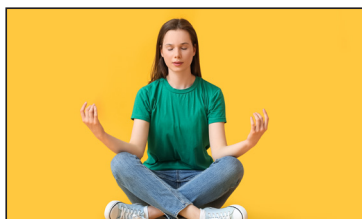
## **AI-Augmented Education**

Do you consider artificial intelligence (AI) to be more of a rival or a partner in teaching and learning? This engaging and hands-on 3-credit course is designed to develop within you a basic foundation in AI literacy and integration in your classrooms and teams, encouraging its ethical use as a learning enhancement tool and lesson plan co-designer. This 3-credit course is appropriate for all educators and education professionals. Teacher librarians, instructional coaches, and administrators are invited to join us.

*Course dates: September 6 - October 25*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Riana Bichler (Mesa Valley Education Association)*



## **The Let Them Theory: A Life-Changing Tool That Millions of People Can't Stop Talking About**

This course is a book study of Mel Robbins' latest book, *The Let Them Theory: A Life-Changing Tool That Millions of People Can't Stop Talking About*. Teachers will actively participate in online learning to further develop their understanding of their own emotional responses to a variety of situations and be guided in not only becoming more aware of their responses but also be given tools for how to respond rather than react.

*Course dates: September 6 - October 3*

*Cost: \$45 (member) or \$145 (non-member) | Available for 1 graduate credit through ASU*

*Facilitator: Alexandra Wyman (Jefferson County Education Association)*



## **The Power of Showing Up: How Parental Presence Shapes Who Our Kids Become and How Their Brains Get Wired**

In this engaging book study, educators will explore *The Power of Showing Up* by Dr. Daniel J. Siegel and Dr. Tina Payne Bryson, a groundbreaking look at how secure attachment profoundly shapes a child's development, learning, and emotional well-being. Though this book was initially designed to assist with parenting, it offers an opportunity to apply neuroscience to classrooms in a practical manner. Participants will discover how the "Four S's" (Safe, Seen, Soothed, and Secure) can be applied to foster stronger relationships, resilience, and regulation in students.

*Course dates: September 6 - October 3*

*Cost: \$45 (member) or \$145 (non-member) | Available for 1 graduate credit through ASU*

*Facilitator: Alexandra Wyman (Jefferson County Education Association)*



## **Foundations of Classroom Management**

Students learn best in environments where they feel respected, supported, and responsible for their own behavior. While reading *Teaching with Love and Logic* by Jim Fay and Charles Fay, participants will explore practical, relationship-based strategies for creating positive classroom environments that promote student accountability, empathy, and intrinsic motivation. This course examines how teachers can guide student behavior with calm consistency while maintaining strong, caring relationships.

*Course dates: September 7 - October 25*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Sarah Adams (Jefferson County Education Association)*



## Kids These Days: A Game Plan for (Re)Connecting with Those We Teach, Lead, & Love

The essence of this book is centered around the reminder that teachers need to be okay first in order to be the best teachers they can be for their students. The students need those teachers who are struggling now more than ever. We are teaching in some of the most difficult times in educational history. Not only students but teachers are more disconnected than ever before. Dr. Jody Carrington will take you on a journey through reconnection and regulation with your students and yourself. This course is for those who need a reminder that the work they are doing is important and it matters. You are changing lives. You are making a difference. This course will allow you to reflect deeply on your teaching practices, analyze emotional regulation, strengthen your relationship-building with students, develop and utilize strategies to get you through the tough times, remember your WHY, and help you navigate some of the toughest times we are facing as teachers.

*Course dates: September 7 - November 1*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Michelle Hagerman (Mesa Valley Education Association)*

## Curipod: Using AI to Increase Engagement Across K-12 Classrooms

Looking for a way to get every student participating, thinking, and learning—without spending hours creating lessons? Join this course and discover how Curipod can transform engagement in any K–12 classroom using the power of AI. In this interactive course, you'll learn how to: create engaging, standards-aligned lessons in minutes, use AI to generate polls, discussions, drawings, and collaborative activities, increase participation from all learners—not just the students who always raise their hands, gather real-time insights into student understanding, differentiate instruction and make learning more accessible, and save valuable planning time while enhancing classroom experiences.

*Course dates: September 7 - November 1*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Michelle Hagerman (Mesa Valley Education Association)*



Behavioral/  
SPED Course

English  
Learner  
PD Course



Behavioral/  
SPED Course

## Behavior Breakthrough: 12 Skills to Transform Behavior

In this eight week book study, we will learn behavior modification strategies to implement in the classroom to decrease maladaptive behaviors and increase desired behaviors, as detailed in the text *Behavior Breakthrough: Twelve Skills To Transform Behavior At Home And In The Classroom*, written by Bailey Payne, BCBA and Jen Lill Brown.

*Course dates: September 7 - November 2*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Angelina Kelly (Cherry Creek Education Association)*



## Finding Joy: Inside & Outside of the Classroom (Part 1)

This course is designed for busy educators like you! This online, move-at-your-own pace course consists of 10 thought-provoking, inspirational podcasts that you can listen to on-the-go paired with simple, practical resources and tools designed to spark your curiosity, creativity, and passion for teaching. This course will be sure to rejuvenate you, deepen your teaching practice, and give you the skills you need to find joy inside and outside of the classroom!

*Course dates: September 7 - November 16*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Nicole Schmidt (St. Vrain Valley Education Association)*

**All class dates are subject to change based on facilitator availability. All classes are subject to cancellation if fewer than five students enroll by the official class start date.**



## Finding Joy in Math: From Anxiety to Confidence

Finding Joy is back - this time in the world of mathematics! For many students, math is the first subject where they begin to believe they are “not smart.” This course explores how teachers can change that story. Learners will examine topics including math anxiety, the language of math, developing conceptual understanding and building computational fluency, addressing common student misconceptions, and integrating inquiry-based learning with purpose.

*Course dates: September 7 - November 2*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Nicole Schmidt (St. Vrain Valley Education Association)*



## Understanding Trauma

This course is designed to help you understand what trauma is, how our students are experiencing it, and how to work with students who have experienced trauma. This introductory course will look at the definition of trauma and how our students may be exhibiting signs of trauma that are masked as other behavioral issues, and how we can make changes in our perceptions and actions to support all students.

*Course dates: September 7 - October 4*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Elizabeth Sedalnick (District Twelve Educators' Association)*



## How to Live Your Best Life: A Book Study

Ever felt stuck in your life? The world is out to get you? You're not alone! This course is designed to ask difficult questions to help you get yourself unstuck, and to challenge your thinking about your life, patterns of thinking, and situations. This is a book study that has been created to help you start making changes immediately. As a side note, the book is *The Subtle Art of Not Giving a F\**, by Mark Manson, and the first chapter has quite a lot of bad words in it. The book settles down quite a bit after the first chapter, and has very good insight into human behavior.

*Course dates: September 7 - October 4*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Elizabeth Sedalnick (District Twelve Educators' Association)*



## Anxiety Management

Anxiety is on the rise, and seems to be present in ourselves, families, students, and communities. In this course, find out a little more regarding anxiety, and how to find coping strategies for yourself and others (including students), to live a healthier lifestyle. This course will focus on you, and how to change the narrative for yourself.

*Course dates: September 7 - October 4; November 2 - November 29*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Elizabeth Sedalnick (District Twelve Educators' Association)*



## Doable Differentiation: 12 Strategies to Meet the Needs of All Learners

Doable Differentiation: 12 Strategies to Meet the Needs of All Learners is a book study that supports and teaches educators ways to differentiate for all students in a class. It expands understanding about what differentiation is, why we do it, and why it is actually possible throughout the day. We will create lesson plans to implement these in an authentic way to your class. We will reflect collectively. And we will learn how to be even more inclusive, engaging, and individualized educators!

*Course dates: September 7 - October 11*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Ellie Worsley (Denver Classroom Teachers' Association)*



## The Everyday Engineer: Building a Daily Culture of STEM

Every teacher has faced the frustration of students who stop at the first hurdle. This course is designed to transform that 'stuck' mindset into a problem-solving engine. By integrating the Engineering Design Process (EDP) into your daily routine—regardless of your subject or grade level—you'll learn to turn classroom obstacles into creative opportunities. This 5-week integration provides a high-impact, low-cost blueprint for making innovation a consistent habit in your classroom, not just a once-a-year event.

*Course dates: September 13 - October 19*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Melissa Clemons (Westminster Education Association)*



English  
Learner  
PD Course

## Gifted and Unequal

Educators will be empowered to understand and address the persistent disparities in access to gifted education programs across different demographic groups, including socioeconomic, cultural and linguistic. Educators will critically examine current identification and referral practices to uncover potential biases and barriers, and learn how to advocate for equitable policies within their schools and districts. Through practical strategies and differentiated approaches, educators will be equipped to create inclusive classrooms and schools that recognize and nurture diverse talents, fostering an environment where every student can thrive and reach their full potential.

*Course dates: September 14 - November 8*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Rose Auferio (Denver Classroom Teachers' Association)*



English  
Learner  
PD Course

## Using Visuals to Teach English Language Learners

Do your students struggle with note taking? Do they doodle in class? Do you use way too many photocopies to teach a concept? Then visual notetaking may be a valuable skill to move your students into 21st century learning. Using visuals is an effective, research-based method for teaching English language learners (ELLs) as well as their fellow classmates. Visuals support essential information and put classwork into a context that can make learning more understandable and comprehensible.

*Course dates: September 14 - October 25; October 26 - December 6*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Colleen Dowling (District Twelve Educators' Association)*



## Teaching Diverse Perspectives

This professional development course explores the design of curriculum that centers equity, representation, and inclusion. Educators will critically examine curriculum through lenses of race, ethnicity, culture, identity, power, and justice while applying culturally responsive and sustaining practices to curriculum development. Participants will design instructional materials that reflect diverse perspectives and promote belonging and academic success for all learners. Appropriate for educators at every grade level and content area.

*Course dates: September 14 - November 8*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Katie Guerrero (Cherry Creek Education Association)*



## Anger Management for Educators

Anger is a normal emotion that everyone feels from time to time. This class, with the aid of *The Cognitive Behavioral Workbook for Anger: A Step-By-Step Program for Success*, will help you to use a variety of tools, exercises, and self-mastery methods to overcome destructive anger. You will be able to recognize and overcome anger triggers, extinguish anger in the heat of the moment, stop the cycle of blame, tolerate negative emotions, deal with difficult people, and repair broken relationships.

*Course dates: September 14 - October 25; November 2 - December 13*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits from ASU*

*Facilitator: Catherine Lee (District Twelve Educators' Association)*



## Stress Management for Educators

Do you have stress in your life from work, family, friends, finances, health, technology, etc.? Do you feel burned out with all that you are asked to do? Is your current stress level okay, but you want methods to manage stress in the future? This class will help you learn how stress affects you in the short and long term, identify the stressors in your life, and practice techniques that take less than ten minutes to lower stress and boost the quality of life.

*Course dates: September 14 - October 11; October 26 - November 22*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Catherine Lee (District Twelve Educators' Association)*



## What Happened to You?: Conversations on Trauma, Resilience, and Healing

"What Happened to You?" has helped to revolutionize our understanding of trauma and its impact on children's development and learning. This professional development course is designed for educators who want to deepen their understanding of trauma and learn practical strategies for creating a trauma-informed classroom. Participants will learn about the neurobiology of trauma, the impact of adverse childhood experiences (ACEs) on learning and behavior, and the importance of creating safe and supportive environments for all students. The development of practical strategies for creating a trauma-informed classroom, will include ways to build positive relationships with students, create a sense of safety and predictability, and promote self-regulation and coping skills.

*Course dates: September 14 - October 25*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Katie Guerrero (Cherry Creek Education Association)*



## Intermediate Phonics

Using *Teaching Phonics and Word Study in the Intermediate Grades* by Wiley Blevins as a foundational text, participants will explore practical, research-based strategies for developing students' decoding, spelling, and vocabulary skills. The course provides a comprehensive look at how phonics and word recognition intersect with fluency and comprehension, offering tools and techniques that can be applied across a range of grade levels and literacy needs. Through collaborative discussion, hands-on activities, and reflective practice, teachers will gain the confidence and skills to support diverse learners in becoming proficient and independent readers.

*Course dates: September 14 - November 1*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Ashley Hyyppa (Cherry Creek Education Association)*



## Cultivating Teacher Wellness Through Art

Teaching can be incredibly rewarding, but it also comes with stress and emotional demands. Cultivating Teacher Wellness Through Art is a six-week course designed to help educators use art as a tool for self-care, mindfulness, and stress relief. Participants will explore a variety of artistic practices, including visual journaling, movement, music, and mindful observation, to enhance their well-being. No prior art experience is necessary! By the end of the course, educators will have a personalized creative wellness plan to sustain their mental and emotional health throughout the school year.

*Course dates: September 14 - November 8*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Lindsay Johnson (Eagle County Education Association)*

**All class dates are subject to change based on facilitator availability. All classes are subject to cancellation if fewer than five students enroll by the official class start date.**



## **Nature-Based Education: Strategies to Get Students Outside**

This course explores the importance of nature-based education and provides practical strategies to help educators incorporate outdoor learning experiences into their curriculum. By the end of the course, participants will understand how to use nature as a teaching tool, develop outdoor activities, and create environments that foster student engagement and connection to the natural world.

*Course dates: September 14 - November 15*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Victoria Wilson (Poudre Education Association)*



## **The Power of Mattering: Turning Connection into Action**

This course explores the concept of mattering—the belief that every person is significant and valued—and how it can transform classroom environments, school culture, and student outcomes. Drawing on *The Power of Mattering* by Zach Mercurio, participants will learn practical strategies to help students feel seen, appreciated, and essential members of the learning community. Blending research-based insights with hands-on applications, this course equips educators with actionable tools to intentionally weave mattering into their daily teaching practice.

*Course dates: September 20 - November 15*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Julie Arnold (Johnstown-Milliken Education Association)*



**Behavioral/  
SPED Course**

## **What We Say Matters: A Book Study on Building Better Classrooms Through Purposeful Communication**

The language teachers use every day has a powerful impact on student learning, behavior, relationships, and classroom culture. While reading *What We Say and How We Say It Matter* by Mike Anderson, we will examine how our words, tone, and communication habits influence student engagement, responsibility, motivation, and sense of belonging. This course explores practical strategies for using positive, respectful, and intentional language that supports student ownership of learning, strengthens teacher-student relationships, and fosters safe, collaborative classroom environments.

*Course dates: September 21 - October 25*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Sarah Adams (Jefferson County Education Association)*



## **Because of a Teacher: Stories of the Past to Inspire the Future of Education**

This course serves as a reminder that you are making a difference as a teacher, in both small and significant ways. Day in and day out, you are changing lives. *Because of a Teacher* is a compilation of stories dedicated to teachers past, present, and future. Whether you're a first-year teacher or 30 years deep, this course will help you remember why you chose this profession and uplift you during the difficult times of burnout and exhaustion. These stories will warm your heart, have you nodding along, and make you feel seen. This is a must-read for any educator!

*Course dates: September 21 - November 15*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Michelle Hagerman (Mesa Valley Education Association)*

**All class dates are subject to change based on facilitator availability. All classes are subject to cancellation if fewer than five students enroll by the official class start date.**



## Keeping the Wonder: An Educator's Guide to Magical, Engaging, and Joyful Learning

This book study and course is all about tapping into students' innate curiosity and designing memorable and meaningful learning experiences that capture their interest and ignite their imaginations. The book is structured around four key elements to fuel engagement: surprise, curiosity, freedom, and inspiration. Keeping the Wonder offers practical strategies for K-12 educators that help them create lessons that are engaging and compelling. The four authors share their wealth of knowledge, research, and experience on how they keep wonder alive in the classroom.

*Course dates: September 21 - November 15*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Michelle Hagerman (Mesa Valley Education Association)*



**Behavioral/  
SPED Course**

## The Epic IEP: A Powerful Playbook for Parents, Educators, and Advocates Navigating the Special Education Process

This eight-week book study explores The EPIC IEP by Karen Mayer Cunningham, it is designed for special education teachers, general education teachers and related services providers who want to deepen their understanding of the IEP process and their collaborative role within it. Through reflection, discussion and practical application participants will strengthen their ability to collaborate effectively, write aligned and individualized plans and implement IEP's in ways that directly impact student growth in the classroom.

*Course dates: September 21 - November 16*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Angelina Kelly (Cherry Creek Education Association)*



**Behavioral/  
SPED Course**

## Fostering Regulation: Practical Strategies for a Balanced Classroom

Teachers will actively participate in online learning to further develop their understanding of the different types of regulation and develop strategies for how to set up their classroom to support individuals with different regulation needs. Specific applications will be made to practice, as teachers will create a classroom design demonstrating strategies they have learned.

*Course dates: September 27 - November 8*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Alexandra Wyman (Jefferson County Education Association)*



## Atomic Habits: Changing Your Systems to Go from Good to Great

Learn how create systems that lead to good habits, breaking bad ones, and overcoming a lack of motivation. This book study will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits.

*Course dates: September 28 - October 25; November 9 - December 6*

*Cost: \$45 (member) or \$145 (non-member) | Available for 1 graduate credit through ASU*

*Facilitator: Amy Bohlen (Westminster Education Association)*



**English  
Learner  
PD Course**

## Advanced Canva Skills

In this course, teachers will actively participate in online learning to explore advanced Canva skills to use in their classroom and with their students. Each week, we'll focus on advanced and interactive features, specifically of Canva Pro, like bulk editing, Canva Live, Magic Studio, collaborative whiteboard sessions to make learning fun, and more. Whether you're new or a Canva Pro, this course will help you create awesome materials for your classroom.

*Course dates: September 28 - November 1*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Leigh Ann Eucker (Poudre Education Association)*



## Building Thinking Classrooms in Mathematics

In this 8-week book study course we will be discovering the magic of “Building Thinking Classrooms in Mathematics, Grades K-12” by Peter Liljedahl. Participants will explore the 14 teaching practices aimed at fostering a thinking-centered approach to mathematics instruction. Through reading, reflection, discussions, and assignments, participants will gain insights and practical strategies to enhance their teaching practices and create a classroom environment that promotes student engagement, problem-solving skills, and mathematical thinking.

*Course dates: September 28 - November 22*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Leigh Ann Eucker (Poudre Education Association)*



## Exploring Through Engagement: Designing Interactive Gallery Walk Activities for Student Inquiry

This course is designed to empower educators with the tools and techniques to create enriching gallery walk experiences that promote active learning and student inquiry. Participants will delve into the art of curating diverse sets of materials, including visuals, texts, and artifacts, to spark curiosity and stimulate critical thinking in students. Through hands-on practice and collaborative discussions, educators will learn how to structure gallery walks effectively, foster meaningful discourse, and scaffold student exploration of complex topics and concepts. Join us as we embark on a journey to design interactive gallery walk activities that ignite curiosity, deepen understanding, and cultivate a culture of inquiry in the classroom.

*Course dates: September 28 - November 1*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Caroline Davis (District Twelve Educators' Association)*



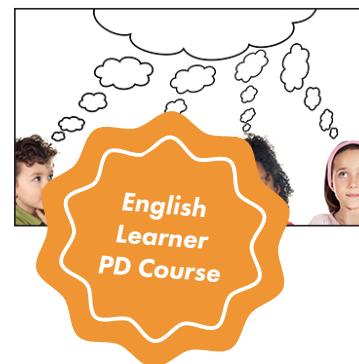
## Challenging Conversations: How to Have Impactful (and Sometimes Hard) Talks with Students, Parents, Administrators, and Colleagues

Difficult conversations are part of every educator's world—whether with students, families, colleagues, or administrators—and the right words can make all the difference. In this course, participants will explore excerpted readings from some of today's most trusted voices on communication and leadership, including Jefferson Fisher, Jennifer Gonzalez, Brené Brown, and more, while building practical strategies for navigating tricky situations with clarity, confidence, and compassion.

*Course dates: September 28 - November 8*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Cynthia Shapiro (Jefferson County Education Association)*



## From Surface to Depth: Using Thinking Routines to Transform Classroom Talk

This course explores how thinking routines can deepen student understanding and foster richer classroom dialogue. Through hands-on practice, teachers will explore a variety of routines designed to make student thinking visible and meaningful. Each week, participants will select, implement, and reflect on specific routines in their own classrooms, building a toolkit of strategies that promote active engagement, curiosity, and deeper learning. By the end of the course, teachers will be equipped to create a classroom culture where thinking and dialogue thrive.

*Course dates: September 28 - November 8*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

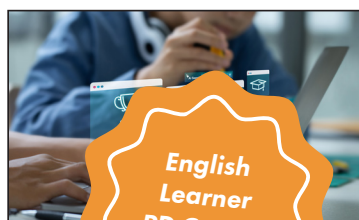
*Facilitator: Cynthia Shapiro (Jefferson County Education Association)*



### English Learner PD Course



### Behavioral/SPED Course



### English Learner PD Course



### English Learner PD Course

## Going Deeper in Discussions: Socratic Seminar

Elevate your teaching with this advanced Socratic Seminars course! Discover dynamic discussion strategies, exploring diverse seminar styles like partner, fishbowl, hot seat, and multi-group setups, along with planning templates for small groups. You'll master question writing, delving into question types, extensive practice, and even leveraging AI tools like ChatGPT for seamless planning. The course emphasizes differentiation to ensure every student is engaged and challenged. Learn to build a vibrant culture of risk-taking and empower students through effective self-evaluation.

*Course dates: September 28 - November 8*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Cindy Shapiro (Jefferson County Education Association)*

## Book Joy: Cultivating Joyful Reading Communities

Elevate your teaching with this advanced Socratic Seminars course! Discover dynamic When was the last time you gave yourself permission to read for fun? In this six-week course, you'll reconnect with your own reading life while exploring the research on reading for pleasure and why it matters - for both educators and students. Through a self-selected book, engaging discussions, meaningful reflection, and practical classroom application, you'll rediscover the joy of reading and explore ways to build joyful reading communities. You'll leave with a renewed love of reading, classroom-ready ideas, and a personalized Book Joy Starter Kit to help inspire lifelong readers.

*Course dates: September 28 - November 8*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Marnie Steele (CEA Retired)*

## Reaching Gen Z & Gen Alpha: Teaching the Most Distracted Generation

This course is designed to equip educators with research-informed, classroom-ready strategies to effectively reach and teach the most distracted generation. Participants will examine attention science, motivation psychology, digital culture, identity formation, and classroom design principles that increase engagement without sacrificing rigor.

*Course dates: October 4 - November 9*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Edmond Bedu-Annan (District Twelve Educators' Association)*

## Skills Students Actually Need in a Post-AI World

While AI tools can enhance learning, they have also contributed to a growing loss of essential academic and cognitive skills. Many educators are observing decreased student perseverance, weakened critical thinking, shallow comprehension, limited originality, and increased dependence on technology to complete basic tasks. This course is designed to combat that loss. Through a highly practical, classroom-centered approach, educators will learn how to reclaim essential skills by redesigning instruction to strengthen critical thinking, creativity, communication, collaboration, adaptability, and independent problem-solving.

*Course dates: October 4 - November 9*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Edmond Bedu-Annan (District Twelve Educators' Association)*

## Using ChatGPT To Save Planning Time

Teachers will comprehend and utilize the tools within the ChatGPT system to decrease their lesson planning time. Teachers will be able to use the system as a thought partner for creating engaging lessons, creating assessments and rubrics, and making lesson modifications for student needs.

*Course dates: June 1 - July 7; July 7 - August 2*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Edmond Bedu-Annan (District Twelve Educators' Association)*



## Hollywood Teachers and Real Life Heroes

What can we learn from well known teachers, whether they are fictional or the real deal? In this class you will further your own teaching practices by exploring and observing the teaching methods, philosophies and strategies of some of our favorites! From Dangerous Minds to Stand and Deliver, from Ron Clark to Bill Nye the Science Guy you will have the opportunity to look at many popular movie teachers and real-life educators and see what makes them so inspirational!

*Course dates: October 4 - November 28*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Lainie Kirsch (Cherry Creek Education Association)*



## Teaching the Explosive Child

Instead of focusing on getting our more challenging students to comply with adult directives, we can work towards improving flexibility and frustration tolerance so these same students can start learning lifelong skills! By exploring The Explosive Child by Dr. Ross Greene, we will attempt to switch our thinking that children choose poor behavior. Instead, we will look at Greene's idea that children do well when they can. This paradigm shift is applicable and crucial for all educators and school personnel.

*Course dates: October 4 - November 28*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Lainie Kirsch (Cherry Creek Education Association)*



## The Experienced Teacher

As an educator with at least five years of experience, you have already honed your craft, developed your teaching style, and navigated the challenges of the classroom. The Experienced Teacher course is designed to support you in building upon your strong foundation. You will take a look at reflection, mentorship, leadership, teaching philosophy and growth, student centered teaching versus teacher driven lessons, classroom management and culture, teacher professional development and avoiding burnout by keeping the spark alive and well in your teaching!

*Course dates: October 4 - November 28*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Lainie Kirsch (Cherry Creek Education Association)*



English  
Learner  
PD Course

## MagicSchool Ready: Empowering Every Teacher

MagicSchool Ready: Empowering Every Teacher addresses the "AI Literacy" gap by moving educator practice from experimental use to strategic competence. Furthermore, the inclusion of MagicStudent training ensures teachers can guide students to use AI responsibly, fostering digital citizenship. This course empowers educators to "save time" on planning while simultaneously closing the opportunity gap through high-quality, differentiated resources.

*Course dates: October 5 - November 29*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Rose Auferio (Denver Classroom Teachers' Association)*



## Set Boundaries, Find Peace

Setting boundaries is an essential skill for maintaining healthy relationships and promoting personal well-being. In this course based on the book "Set Boundaries, Find Peace" by Nedra Glover Tawwab you will learn how to establish and maintain healthy boundaries in your personal and professional environments to improve the quality of your life.

*Course dates: May 25 - June 18*

*Cost: \$135(member) or \$235(non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Larisa Baskin (Aurora Education Association)*



## The Dyslexic Advantage: Unlocking the Hidden Potential of the Dyslexic Brain

This course explores The Dyslexic Advantage by Brock and Fernet Eide as a framework for understanding dyslexia through a strengths-based lens. Rather than focusing solely on challenges, participants will examine how dyslexic thinking is associated with unique cognitive advantages in areas such as big-picture thinking, creativity, problem-solving, and innovation. Educators will learn to recognize the diverse profiles of dyslexic learners and challenge deficit-based narratives that often shape classroom practices and educational systems.

*Course dates: October 5 - November 29*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Katie Guerrero (Cherry Creek Education Association)*



## Understanding Executive Function & the Science of Motivation

Executive Functions (EF) lay the foundation for the development of critical life skills throughout one's life. For students, these skills are necessary for learning, dealing with peer pressure & conflict, problem-solving, handling emotions, setting goals and so much more. Through this course, participants will learn how executive function skills and motivation form through brain development, define what EF skills are, and understand their importance. This course will also look at some common disorders seen in schools that can impact EF (ex. ADHD, ASD, Anxiety) as more students are needing EF supports through IEPs and 504s.

*Course dates: October 5 - November 15*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Heather Jung (Denver Classroom Teachers' Association)*



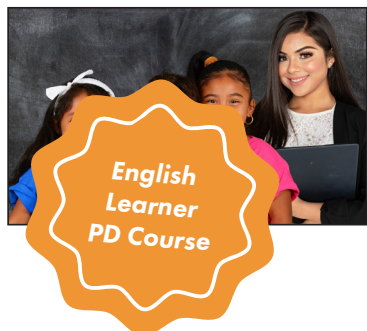
## The Science of Learning: Make it Stick

You've likely heard of the Science of Reading, but have you explored the Science of Learning? The international bestseller Make It Stick draws on the latest research in cognitive science to present powerful, evidence-based strategies that enhance memory and learning. This influential book has helped millions of educators, students, and lifelong learners adopt proven techniques to learn more effectively and retain knowledge longer. In this course, you'll discover how to move students beyond rote memorization toward deeper conceptual understanding and real-world application. Learn how to tap into students' metacognition and explore the science behind strategies like retrieval practice, spacing, interleaving, and more.

*Course dates: October 5 - November 29*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Katie Main (Denver Classroom Teachers' Association)*



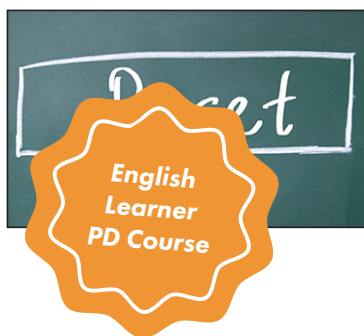
## Creating Access and Opportunity in the Regular Classroom for English Learners

Classroom teachers have an opportunity to affect the lives of the children in their classrooms including students who are Culturally & Linguistically Diverse. This class focuses on each of the English Learner Professional Development Standards in Colorado and meets the requirements for CDE's "Culturally and Linguistically Diverse (CLD) Education training or professional development (PD)" for license renewal. Within this class, teachers will actively participate in online learning throughout six modules to build capacity to create access and opportunity in the regular classroom for language learners.

*Course dates: October 5 - December 4*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Marie McGowan (Mesa Valley Education Association)*



## Classroom Reset: Identify Leverage Points and Restack Resources to Make Lasting Change in the Classroom

Teaching can be challenging. If you are feeling like you are pushing boulders uphill every single day, you might be ready for a Classroom Reset. This course is a six-week asynchronous course built around Dan Heath's *Reset: How to Change What's Not Working* as well as assorted videos, discussions, journal entries, and assignments. Teachers will identify areas where they are feeling stuck, their boulders. Then they will spend the next six weeks using different strategies and reflection to identify leverage points and restack existing resources to make meaningful changes in their classrooms. Teachers will finish the course with a Classroom Reset Plan that is realistic and built for their classroom and context. Join this course to get unstuck and make changes in your classroom.

*Course dates: October 5 - November 13*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Marie McGowan (Mesa Valley Education Association)*



## Building Relationships with Students

As we have learned during the Pandemic, building relationships with students is a key piece of what we do as educators. Without relationships, we will be unable to accomplish anything else with students. In this course, we take a look at what, why, and how to build relationships with our students.

*Course dates: October 5 - November 1*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Elizabeth Sedalnick (District Twelve Educators' Association)*



## Creating Interactive Dashboards for Classroom and Student Data

This course is designed to build and expand upon the learning offered in the Google Level I course. There are 11 modules for the learner to engage in at their own pace. Once the modules are complete, you will be able to prove your knowledge of the Google platform and join the ranks of Google Level II Educators around the world. The Level 2 Educator badge can be added to your resume, website, school credential, or other professional network.

*Course dates: October 5 - November 15*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Robert Thompson (Colorado Education Association)*



## Teaching With Poverty In Mind

Educators will actively participate in this online book study to further develop their understanding and experience in teaching students of poverty. Participants will research what being poor does to kids' brains and what schools and educators can do about it. This course is appropriate for educators of any grade/content level as well as instructional coaches, interventionists, special service providers, and administrators.

*Course dates: October 5 - November 1*

*Cost: \$45 (member) or \$145 (non-member) | Available for 1 graduate credit through ASU*

*Facilitator: Ellie Lucy (Denver Classroom Teachers' Association)*



## How the Special Needs Brain Learns

Students with special needs learn in unique ways. While reading *How the Special Needs Brain Learns*, Dr. David A. Sousa will guide you through an overview of the special needs brain, including the anatomy and physiology of the brain and its ability to learn, process information, and store memories. We will cover topics such as the role of emotions in learning, the importance of positive reinforcement, and the use of technology in the classroom.

*Course dates: October 11 - November 29*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Sarah Adams (Jefferson County Education Association)*



## The Together Teacher: Mastering Organization in the Classroom

This course explores *The Together Teacher* by Maia Heyck-Merlin, providing educators with practical tools to enhance organization, productivity, and time management. Through reading, discussions, reflective journaling, and implementation, participants will develop personalized systems to streamline planning, communication, and workflow. The course emphasizes strategies for balancing professional responsibilities with personal well-being, equipping teachers with sustainable habits for long-term success. By the end of the course, educators will have a customized organizational framework to increase efficiency and reduce stress in their daily practice.

*Course dates: October 11 - November 22*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits from ASU*

*Facilitator: Julie Arnold (Johnstown-Milliken Education Association)*



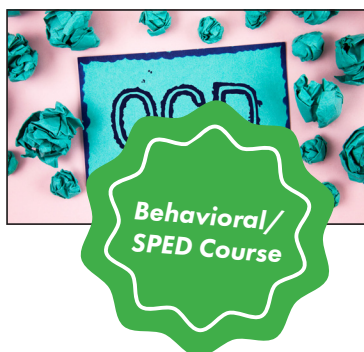
## Number Sense Routines

Deep understanding of number sense is the foundation for developing math skills in young learners. The daily use of 5 to 15 minute exercises will help students build number sense. Participants in this book study will learn how easily number sense can be developed and about ways how to implement responsive number sense routines no matter what curriculum materials teachers use.

*Course dates: October 12 - November 8*

*Cost: \$45 (member) or \$145 (non-member) | Available for 1 graduate credit through ASU*

*Facilitator: Larisa Baskin (Aurora Education Association)*



## An Anxiety-Informed Classroom: Supporting Students with Obsessive-Compulsive Disorder

Obsessive-Compulsive Disorder, a misunderstood and challenging anxiety disorder, causes unwanted intrusive thoughts and compulsions in about 5 elementary students and 20 high school students in an average-sized school every year (IOCDF, 2009) and can greatly affect their ability to focus on their learning in school. This course will teach you strategies to support and understand better your courageous students with OCD.

*Course dates: October 12 - November 22*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Riana Bichler (Mesa Valley Education Association)*



## The Anxious Generation: Insights for Educators

In "The Anxious Generation" social psychologist Jonathan Haidt explores the mental health challenges affecting today's children because of the decline of play-based childhoods since the 1980s—replaced by a phone-based culture in the 2010s. This course invites educators to examine the research surrounding rising levels of anxiety and depression in students, focusing on the cultural and developmental factors at play. Through collaborative discussions and practical applications, educators will develop a comprehensive action plan to support their students with the added benefit of enhancing their own well-being.

*Course dates: October 12 - December 6*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Ahsley Girodo (Summit County Education Association)*

**All class dates are subject to change based on facilitator availability. All classes are subject to cancellation if fewer than five students enroll by the official class start date.**



## Prodigy Math in the Classroom

Dive into your student's favorite game-based learning platform: Prodigy! This online website is free for teachers and students. Best of all, students WANT to play it! Prodigy Math is designed for students in 1st-8th grade with over 1,5000 teacher-made skills. In Prodigy Math, students are wizards engaged in epic math battles. This is a number one fan-favorite website that your students will love! In this course, teachers will actively participate in online learning to explore how to use Prodigy Math, a powerful tool to enhance student engagement in math as well as inform teaching practices. Participants will explore what Prodigy offers, how it works and then learn how to create their own assignments, assessment, challenges, quizzes, and more. Participants will envision how to implement prodigy in their classroom as a supplemental resource to boost math achievement, engagement, and reinforce learning from their curriculum.

*Course dates: October 12 - December 7*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Michelle Hagerman (Mesa Valley Education Association)*



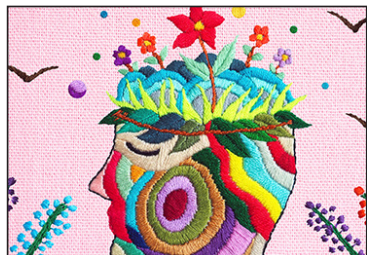
## Teachers These Days: Stories and Strategies for Reconnection

The students we teach today are not the same students we taught ten years ago, five years ago, or even three years ago! Dr. Jody Carrington and Laurie McIntosh will take you on a journey through reconnection as it relates to the science of human development and theory. They will share stories from teachers walking the walk day in and day out. This course is for those who need a reminder that the work they are doing is powerful. It is important and it is shaping lives. This course will allow you to reflect deeply on your teaching practices, analyze misconceptions, delve into social-emotional learning, utilize strategies, and help you navigate some of the toughest times we are facing as teachers. It will help you reconnect with yourself as a professional and with your students. This course will touch on the hard conversations of trauma, grief, racism, violence, and loss.

*Course dates: October 12 - December 7*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Michelle Hagerman (Mesa Valley Education Association)*



## Cultivating Teacher Wellness Through Art Level 2

Building on the foundation of ED 589, Cultivating Teacher Wellness Through Art, Level 2 invites educators to go deeper into their creative practice and expand their artistic wellness toolkit. This eight-week course challenges participants to explore advanced art forms including mixed media, somatic arts, digital creativity, eco-art, and sound composition while deepening their understanding of how sustained creative practice supports long-term professional resilience and emotional well-being. By the end of the course, educators will create an Advanced Creative Wellness Plan and a capstone portfolio artifact representing their growth across both levels. **Prerequisite: ED 589 (Level 1).**

*Course dates: October 12 - December 7*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Lindsay Johnson (Eagle County Education Association)*



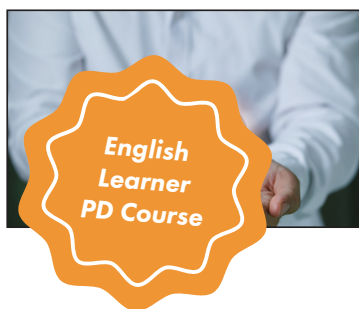
## Supporting the Grieving Student

Teachers will actively participate in online learning to further develop their understanding of how grief and loss impact students in their classroom and learn practical steps they can take to support their students through this difficult life experience/transition. This course is appropriate for classroom teachers at all levels. Additionally, anyone in the educational setting who is currently or potentially will be supporting a grieving student could benefit from this course. Warning: this course covers sensitive material that could be triggering.

*Course dates: October 12 - November 15*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Shannon Kershaw (Littleton Education Association)*



## Genius Hour: A Choice-based Professional Development for Educators

In this 8-week professional development course, educators will explore their passions through the Genius Hour approach, setting and pursuing SMART goals for individual projects. Participants will choose their own texts to read, tailoring the experience to their professional development journey and what they are passionate in learning more about.

*Course dates: October 12 - December 7*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Brittany Osborn (Poudre Education Association)*



## Google Sheets 3.0: Spreadsheet Superpowers

In this course, teachers will actively participate in online learning to develop advanced Google Sheets skills that improve organization, automate repetitive tasks, analyze student data, and create interactive classroom resources. Participants will move beyond basic spreadsheets by learning powerful formulas, functions, data visualization tools, automation techniques, and the newest Google Sheets features, including tables, functions, and Gemini AI. Throughout the course, participants will create a variety of classroom-ready spreadsheets that support planning, assessment, progress monitoring, intervention, and instructional decision-making. By the end of the course, participants will design and build a comprehensive Google Sheets system that can immediately be implemented in their professional practice.

*Course dates: October 12 - December 7*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Brittany Osborn (Poudre Education Association)*



## Next-Level Canva: More Tools to Transform Education

Educators will explore and implement Canva's most recent 2025 feature updates to support instructional innovation. Participants will dive into four core focus areas—Visual Suite 2.0, Design with Data, AI Integration, and Canva Code—to discover how Canva's evolving tools can be used to create interactive content, personalize instruction, and support student creation. Rather than focusing on the basics, this course highlights newly released tools like Canva Sheets, Magic Charts, and Canva's AI and code capabilities. Educators will complete weekly design challenges such as creating dynamic data visuals, interactive lessons, and custom classroom tools—while also collaborating with peers through practical discussions.

*Course dates: October 12 - December 7*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Brittany Osborn (Poudre Education Association)*



## From Surviving to Thriving: Actionable Steps for Self-Care, Health, and Wellness for Teachers and Educators

What if educator wellness wasn't just about managing stress but about living your best life? Grounded in the work of Tina Boogren and Timothy D. Kanold and inspired by Educator Wellness, this course helps educators strengthen the four dimensions of wellness: physical, emotional, intellectual, and social. Through guided reflection, self-assessments, and practical strategies, you'll build small, sustainable habits that protect your energy, reconnect you to your purpose, and help you move from simply getting through the day to truly thriving (in and out of school).

*Course dates: October 19 - November 22*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Stacie Albi (District Twelve Educators' Association)*

**All class dates are subject to change based on facilitator availability. All classes are subject to cancellation if fewer than five students enroll by the official class start date.**



## Neurodiversity-Affirming Schools: Transforming Practices So All Students Feel Accepted & Supported

Educators will engage in a book study using the text, *Neurodiversity Affirming Schools: Transforming Practices So All Students Feel Accepted & Supported* by Emily Kircher-Morris and Amanda Morin. The book explains the concept of neurodiversity and neurodivergent learning and communication styles. It also provides an overview of the principles of sensory regulation, social emotional learning, and Universal Design for Learning.

*Course dates: October 19 - November 29*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*

*Facilitator: Erin Trendler (Boulder Valley Education Association)*



## Teaching with Impact: What Great Teachers Do Differently

This course explores the powerful principles from *What Great Teachers Do Differently* by Todd Whitaker, focusing on the beliefs and practices that set highly effective educators apart. Through engaging reflection and discussion, participants will examine how great teachers build strong relationships, maintain high expectations for all students, create positive classroom environments, and make intentional decisions that lead to student success. Educators will connect Whitaker's insights to their own teaching practice while developing practical strategies to strengthen classroom culture, increase student engagement, and enhance their overall impact as educators.

*Course dates: October 25 - December 6*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Julie Arnold (Johnstown-Milliken Education Association)*



## Beat Teacher Burnout with Better Boundaries

This quick and tactical guide is an essential read for every educator who struggles to juggle all the demands of their classroom, campus, and personal life. It is critical for those who want to thrive in teaching, without having to sacrifice everything else. This course gives you scripts and real-world scenarios to stop being a people pleaser without giving up any of your effectiveness as an educator. This course will cover how to live a plentiful life outside of the world as an educator by saying no to things that aren't life giving or important to you, by focusing on boundaries in every aspect of your life.

*Course dates: November 1 - November 30*

*Cost: \$45 (member) or \$145 (non-member) | Available for 1 graduate credit through ASU*

*Facilitator: Stephanie Fast (Littleton Education Association)*



## Positive Mindset Habits for Teachers: 10 Ways to Reduce Stress, Increase Engagement and Reignite your Passion for Teaching

In this book study, educators will learn 10 strategies that increase their happiness, reduce their stress and enhance their passion in the classroom. The course will focus on how educational professionals can use growth mindset to use practical and tangible ways to improve their craft and bring more joy into their lives and classrooms.

*Course dates: November 1 - November 30*

*Cost: \$45 (member) or \$145 (non-member) | Available for 1 graduate credit through ASU*

*Facilitator: Stephanie Fast (Littleton Education Association)*



## Social Skills: The Lost Art

Social skills are so important to have to be able to interact with others. Unfortunately, as a culture with the introduction of social media, we have been losing this skill. This course introduces skills that can be used with students, and to try yourself! Helping our students be able to interact with each other will carry through their lives and help them to be more successful.

*Course dates: November 2 - November 29*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Elizabeth Sedalnick (District Twelve Educators' Association)*



## A Fresh Look At Phonics: Common Causes of Failure and 7

### Ingredients for Success

In this 6-week professional development book study course, educators will read *A Fresh Look at Phonics* by Wiley Blevins which focuses on the "seven critical ingredients of phonics teaching that produce the greatest student learning gains - readiness skills, scope and sequence, blending, dictation, word awareness, high-frequency words, and reading connected texts." Participants will contribute to class discussions, reflect on their own practice, and transform ideas and activities to support their students.

*Course dates: November 2 - December 6*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*  
*Facilitator: Leigh Ann Eucker (Poudre Education Association)*



English  
Learner  
PD Course

### 5 Pillars of Literacy: Developing Reading Fluency

Fluency is an integral skill for strong readers to be able to spend less mental capacity decoding words and more energy comprehending. Struggling readers often read disjointedly, lacking fluency and hindering their comprehension. Fluency is the bridge that connects phonics skills with a strong comprehension of text. Throughout this course, participants develop a deep understanding of what fluent readers are capable of doing and how to get their students there by implementing evidence-based instructional strategies that can be used in any literacy classroom and curriculum for various grades.

*Course dates: November 2 - December 6*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*  
*Facilitator: Kaitlyn Main (Denver Teachers' Classroom Association)*



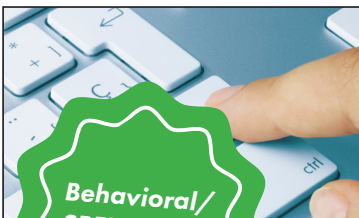
English  
Learner  
PD Course

### Talk-Read-Talk-Write: A Universal Literacy Strategy to Empower Student Talk in Your Classroom

Literacy is the spark that unlocks deeper thinking in every classroom—whether you are guiding Kindergarteners through math story problems, helping middle schoolers decode historical sources, or challenging high schoolers to write lab reports. This vibrant, five-week applied book study will explore the versatile Talk-Read-Talk-Write framework, designed specifically for K-12 educators of all subjects. Together, we will transform theory into practice as you try out structured discussions, purposeful reading, and meaningful writing directly with your students.

*Course dates: November 2 - December 13*

*Cost: \$135 (member) or \$235 (non-member) | Available for 3 graduate credits through ASU*  
*Facilitator: Cynthia Shapiro (Jefferson County Education Association)*



Behavioral/  
SPED Course

### Read & Write for Education: Using the Assistive Technology Tool for Instruction and Learning

Educators will learn how to use and apply the powerful assistive technology tool, Read&Write for Education. The literacy support tool includes applications for reading comprehension, vocabulary, written expression, and research. Educators will actively participate in applying the tools for instruction as well as develop accommodations for student learning.

*Course dates: November 2 - November 29*

*Cost: \$45 (member) or \$145 (non-member) | Available for 1 graduate credit through ASU*  
*Facilitator: Erin Trendler (Boulder Valley Education Association)*



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## Uncovering the Logic of English

In this book, participant will discover the LOGIC of English. Have you found yourself asking why English words are spelled the way they are? Why is there a silent e in have? Are you looking for ways to improve your phonic instruction? Would you like a new approach to teaching “sight words?” This book will take participants on a discovery of English and how it really is a logical language. Participants will discuss their learning in discussion boards, reflect on the material, apply learning in assignments, and get feedback from the facilitator.

*Course dates: March 23 - April 3*

*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Facilitator: Rachel Graham (Estes Park Education Association)*

## Better Together: Realistic Co-teaching Strategies for Inclusive and Multilingual Classrooms

Participants will explore practical co-teaching models, planning tools, and communication strategies that make shared instruction both manageable and meaningful. While traditionally associated with special education providers, this course expands the definition of co-teaching to include partnerships between general education and English language development teachers, emphasizing how collaboration can elevate access and engagement for multilingual learners. Through reflection, discussion, and ready-to-use planning resources, educators will leave with realistic strategies to strengthen collaboration and classroom impact.

*Course dates: March 23 - May 3*

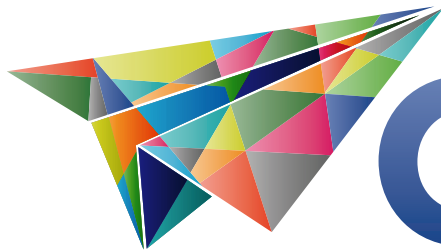
*Cost: \$90 (member) or \$190 (non-member) | Available for 2 graduate credits through ASU*

*Facilitator: Erin Grodeska (Aurora Education Association)*



*Behavioral/  
SPED Course*

*English  
Learner  
PD Course*



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