# **Course Snapshot** The Art of Coaching

This course is a book study of Elena Aquilar's book, The Art of Coaching, Effective Strategies for School Transformation. Participants will collaboratively discuss the 15 chapters in the text and reflect on implications in their own coaching. Readers find Elena's book to be informative and actionable, inspiring and illuminating, and applicable in many contexts.

The Art of Coaching offers the foundational skills and tools needed by coaches, as well as presenting an overview of the knowledge and theory base behind coaching best practice. Established coaches will find numerous ways to deepen and refine their work. Principals and others who incorporate coaching strategies into their work will also find a wealth of resources. Elena offers a model for transformational coaching which could be implemented as professional development in schools or districts anywhere. Although she addresses the needs of adult learners, her model maintains a student-centered focus, with a specific lens trained always on addressing equity issues in schools.



#### **Kim McLachlan** WINGS Certified **Online Learning Boss**

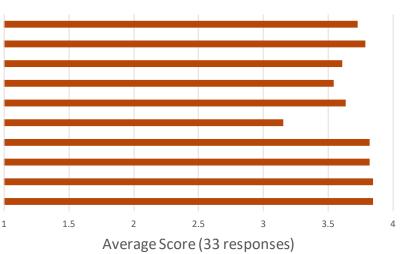
I am an instructional coach at The International School at Thornton Middle. Before coaching teachers, I taught Language Arts in the middle school for 14 years. I love

middle school! I can find resources and like to create lessons and units that are relevant and fun for students. I began to collaborate with other teachers and it is through this work that I moved into coaching. It is so fun to be in a variety classrooms and work with teachers, and help them become leaders in their own schools. I have become very interested in helping teachers discover how to become leaders in their profession. It is fun to watch a teacher take control of their own growth and craft. I feel like we as educators need to be able to guide our own learning based on where we are in our careers and the students we partner with.

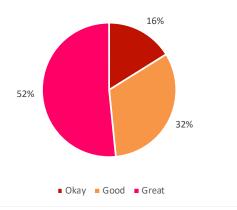
In my freetime, I love spending time with my family! If it is up to my 4-year-old son, we would be at a Rockies game, or if it is up to my 8-year-old daughter we would be on a bike ride or getting our nails done. My husband and I enjoy watching football and of course an hour alone to read a good book would be fabulous!

#### The Art of Coaching **COpilot Class Evaluation Data**

I will apply what I learned to my job. The facilitator promoted critical thinking and self-directed learning. Evaluation Question The facilitator communicated expectations and schedule of activities well. The facilitator provided adequate and timely feedback on my posts and assignments. The course length was appropriate for the information presented. The date and time of activites and Zoom sessions worked well for your schedule. The topics were well organized. The class activities and exercises assisted me in learning. The content of the training supported the objectives. The Objectives were clearly communicated.



How do you feel about professional learning from CEA after taking this class?



### **Course Shoutouts**

"As a new coach, this class was useful! I especially loved the Edthena platform and saw how that could be useful for my teachers." -Marcie Eichmann, Colorado Springs

"This was a well paced and thoughtful book study that I will recommend to my colleagues."

-Cynthia Bolt, Summit

"This class was interesting and relevant to my teaching this year. I learned a lot about working with staff, administrators and coaches!" -Heather Skerjanec, Pueblo

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EDUCATION

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